

The Bible is the living Word of God. As we fill ourselves with what the Bible says, so we stand on unshakable truth and we uproot wrong thinking and attitudes. Replacing thoughts of fear and worry with what God says is one of the most important things you can do.

Here are 7 great verses from the Bible to build your life around, especially at a time like this:

*“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” ~ [Isaiah 41:10](#)*

*“When I am afraid, I put my trust in you.” ~ [Psalm 56:3](#)*

*“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” ~ [Philippians 4:6-7](#)*

*“Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid.” ~ [John 14:27](#)*

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*“Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.” ~ [Joshua 1:9](#)*